

ST. JOSEPH SCHOOL

Please keep this page for reference.

Revised August 31, 2026

CROSS COUNTRY DATES



September 2026

Weather permitting, practices will be at the Sprague River Park. Wednesdays 3:00 - 4:00 pm

September 9 practice

16 practice

23 practice

Thursday 24 Meet - gather at 3:00 at Giddings Park race begins at 4:00
151 Pond Rd, North Franklin, CT 06254
plus code - JVHF+FM7 Franklin, Connecticut

30 practice

October 7 practice

Thursday 8 Meet - gather at 3:00 at Giddings Park race begins at 4:00
151 Pond Rd, North Franklin, CT 06254
plus code - JVHF+FM7 Franklin, Connecticut

Saturday 10 St. Bernard Invitational Cross Country Race
please be there for the course walk through at 7:30 race begins at 8:00 am
at St. Bernard High School, 1593 Norwich-New London Turnpike, Uncasville, CT 06382
plus code - FW92+M5 Uncasville, Montville, CT

14 practice

21 practice

Thursday 22 *SEMSAC Giddings Park in Franklin 2:00 pm (rain date below)
please be there for the course walk through at 2:15 race begins at 3:00

28 practice

Rain Date

Thursday 29 *SEMSAC Giddings Park in Franklin 2:00 pm
151 Pond Rd, North Franklin, CT 06254
plus code - JVHF+FM7 Franklin, Connecticut

*Southeastern Connecticut Middle School Athletic Conference

P Physically
I Intellectually
E Emotionally
S Spiritually